HERSHEY VALENTINE MILE FEBRUARY, 14, 2016

| MEET HOST | HERSHEY AQUATIC CLUB | | |
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| SANCTION | Held under the sanction of USA Swimming and Middle Atlantic Swimming. Sanction # MA 16127 CI In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. | | |
| MEET DIRECTOR | GREG FASTRICH | E-MAIL: fasty4@aol.com | PHONE: 717-856-3089 |
| LOCATION | Pool name DERRY TOWNSHIP RECREATION CENTER Street address 605 COCOA AVENUE. City, state and zip HERSHEY, PA 17033 Day of meet ONLY emergency phone 717-856-3089 | | |
| FACILITY DESCRIPTION | This is an ⊠ indoor □ outdoor pool with 6 lanes for competition, a Colorado 6 timing system with a 6 line scoreboard and 6 lane lines. The meet will be conducted in ⊠SCY □ SCM □ LCM. Deck seating for 200 and spectator seating for 200. Parking200 Hospitality No Snack bar Yes | | |
| POOL CERTIFICATION | The competition course ⊠ has ☐ has not been certified in accordance with 104.2.2C(4) | | |
| WATER DEPTH | The depth of the water at the start end of the pool is 11' feet and at the turn end is 4 feet. | | |
| EVENTS | This meet will be conducted in accordance with the attached schedule of events. | | |
| ENTRIES OPEN | FRIDAY, OCTOBER 2, 2015 | | |
| ENTRY DEADLINE | FRIDAY, JANUARY 29, 2016 at 11:59 PM | | |
| ENTRY FEES | Individual Events: \$5.00 | Relay Events: \$10.00 | |
| ENTRY LIMITS | 1 Individual Events per day (ex | cluding relays). 0 Relays per day | MEET ENTRY LIMIT: 1 |
| ELIGIBILITY | All entrants must be registered members of USA Swimming. Age as of the first day of the meet determines eligibility. This meet is open to USA swimming registered swimmers. | | |
| ON-SITE REGISTRATION | On-site registration ☐ will ☒ will not be accepted at this meet. | | |
| ENTRY PROCEDURES | The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund. Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded YSL. NT entries will will not be accepted. Entries must be submitted electronically in a format compatible with 5.0 meet management software. All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's TM LIte for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found here. FINAL entry payments and any necessary reports must be mailed or e-mailed to the entry chair by Friday, Febrauary 5, 2016 Include Meet Entry Summary with payment. | | |
| MEET ENTRY CHAIR | GREG FASTRICH | PHONE #: 717-856-3089 (no calls before 9:0 | 0 AM or after 9:00 PM) |
| E-MAIL ENTRY FILES TO | FASTY4@AOL.COM | | |
| MAIL CHECKS/ REPORTS | HERSHEY AQUATIC CLUB; PO BOX 217, HERSHEY, PA 17033 | | |
| CHECKS PAYABLE TO | HERSHEY AQUATIC CLUB | | |
| SAFETY DIRECTOR | GREG FASTRICH | E-MAIL: fasty4@aol.com | PHONE : 717-856-3089 |
| OFFICIALS CONTACT | DAN CLOUGH | E-MAIL: dclough@kpmg.com | PHONE : 717-503-3286 |

Session 1

1st Annual Hershey Valentine Mile February 14, 2016

| GIRLS | EVENT | BOYS |
|----------|------------------------------|----------|
| Event #1 | 1650 Free | Event #2 |
| | | |
| 6:14.99 | 500 Free SCY Qualfiying Time | 5:59.99 |
| 5:29.99 | 400 Free LCM Qualifying Time | 5:15.99 |

| | tnat provides a valid email address. | |
|------------------------|--|----------------|
| MISCELLANEOUS | Meet Results: Will be posted to the Middle Atlantic website (www.maswim.org) and transmitted by email to any club that provides a valid email address. | |
| | Entry Qualifications: Swimmers must be entered with a time. Swimmers that do not have a 1650/1500 Free time wenter as a bonus event using their 500/400 Free time. Qualifying times for bonus: Women 500 Free 6:14.99; 400 Free 5:29.99; Men 500 Free 5:59.99; 400 Free 5:15.99. Swimmers must provide their own personnel for timing and counting. | |
| | The meet will be limited to a total of 10 heats. Middle Atlantic entries will be given priority if entries for more that heats are received. Otherwise, entries will be accepted in the order that they are received. | in 10 |
| PROGRAMS AND ADMISSION | Programs/heat sheets will be sold by session entire meet. Meet mobile will will not be available Admission is\$0. Children under admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost. | |
| SCORING | The meet will not be scored | |
| AWARDS | NONE | |
| SEEDING | entry time may be subject to penalties/fines set by Middle Atlantic This meet will be deck-seeded with the exception of the event(s) noted below. All events for this meet will be deck-seeded. A check-table will be set -up on the pool deck and will close by 7:4 All swimmers must CONFIRM the will be swimming. ANY SWIMMER NOT CHECKED IN WILL BE SCRATCH Swimmers will be seeded fast to slow with conforming mile times first followed by 500/400 free times. Heats wi alternate Female/Male. | 45 AM. HED. |
| PROOF OF TIMES | Entry times must be from a sanctioned, approved or observed meet. Proof of time ⊠ is ☐ is not required for t meet. PLEASE PROVIDE PROOF OF TIMES ALONG WITH YOUR MEET SUMMARY FORM. Falsification of a | |
| DECK ENTRIES | Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day meet, prior to the start of each session, at the cost of \$5.00 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see Meet Director before or during warm-ups. Swimmers not previously entered in the meet must provide proof of CUSA Swimming registration. | e the |

| SESSION | WARM-UP TIMES | MEET STARTS |
|-------------------------------|---|-------------|
| 1 | 7:00-8:00 AM / 10:00 break after heat 5 | 8:15 AM |
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| | | |
| WARM-UP INFORMATION | USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes. Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet. Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated. The referee may remove anyone from the warm-up for failure to comply with warm-up rules | |
| DECK PRIVILEGES | Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Coaches must present their current USA Swimming registration card and keep it visible on deck at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally these swimmers must register a contact person with the meet director. This information should be submitted with the entries. | |
| RACING START CERTIFICATION | Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet. | |

| QUALIFYING TIMES | Qualifying Times (if applicable) are shown on the attached Meet Structure |
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| MEET/DECK REFEREE | The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for <i>any</i> issues that arise that day during the course of the meet. |
| MEET MARSHALS | Meet Marshals have full authority through the Meet Referee & Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions. |
| | This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun. |
| RULES: | For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced. |
| | Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/ |
| | No unauthorized personnel will be allowed on the pool deck . Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area |
| DISABLED SWIMMERS | Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. |
| PROTESTS | A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator |
| PHOTOGRAPHY | Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time. |
| | As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes. |
| DECK CHANGING | Except where the venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. |
| DIRECTIONS | From Harrisburg to 605 Cocoa Ave, Hershey PA: Traveling East on 322/422 they split just before the Hershey Park Exit. Take the 322 East/Ephrata Exit (W. Governor Rd) which bears to the right. This will take you past the Hershey Medical Center. Continue on W. Governor Rd. ~2.0 miles until you get to Cocoa Ave. (The 5th light on W. Governor Rd, old white hotel on right, Antique Barn on left) Turn left on Cocoa and travel ~0.3 mile. On your right is the Hershey Parks & Recreation facility. Plenty of parking in the rear. |
| | From Lancaster to 605 Cocoa Ave, Hershey PA: Travel North on PA-283 toward Harrisburg (17.1 mi). Take the PA-743 North exit toward Hershey. Turn slight right onto PA-74/Hershey Rd (6.8 mi). Continue to follow PA-743. Turn right onto Cocoa Avenue. 605 Cocoa Avenue is on the right (0.8 mi). |
| ACCOMODATIONS | |